



Canada Basketball and Basketball PEI Present Center for Performance Program

The Centre for Performance program is a training centre concept intended to identify and develop elite-level Canadian basketball players at a young age. This nationally directed initiative is designed to teach individual offensive and team fundamentals while presenting aspects of sports science that are necessary to become a high level player and coach.

With the support of provincial basketball associations across the country, the program provides a systematic, thorough and unified national approach to identify and develop outstanding junior basketball players in every province and territory in Canada.

Athletes born in 1994-1997 (U15-U18) are eligible to tryout. All those athletes interested in being considered for an opportunity to attend this elite Canada Basketball development program are asked to fill out the attached registration form and submit it to Basketball PEI by September 15th or give it to the coach at tryouts (required).

Participation involves:

- ❖ Selected athletes will have the opportunity to train with some of the best coaches and athletes in the province as well as high level guest coaches.
- ❖ Selected athletes will receive 25 hours of high performance training sessions which will include guest speakers on Nutrition, Sport Psychology and Fitness Training.
- ❖ Selected athletes must be available to attend CP training sessions.

Tryouts are scheduled for **Sunday, September 18th** for both the boys and girls groups. Locations and times will be posted on www.basketballpei.ca soon. The fall CP training sessions will take place on Sunday's in September-October. The remainder of the sessions will be held after the school basketball season ends. We have some exciting changes/additions to this year's CP program. Coaches will discuss this at the first training session. The program cost is \$200 per athlete.

If you are interested in attending tryouts, please complete the attached form and mail it to Basketball PEI or give it to one of the coaches at tryouts, on September 18th.

Mail to: Basketball PEI, Box 302, Charlottetown, PE C1A 7K7

Email to: info@basketballpei.ca | **Fax to:** 902.368.4548

For more information, contact:

Girls Centre for Performance Coordinator - Carly Clarke | caclarke@upei.ca | 902.566.0663

Boys Centre for Performance Coordinator - Josh Whitty | jbwhitty@gmail.com | 902.629.9481

Stephen Marchbank, Executive Director of Basketball PEI at 902.368.4986 or email smarchbank@basketballpei.ca.



CP Registration Form

Name: _____
First Initial Last

Phone (h): _____ Phone (c): _____ Phone (w): _____

Mailing Address: _____ DOB: _____
dd/mm/yy

Email Address: _____

Current School: _____ Grade: _____

Athletes: Please provide your basketball background (teams played for, training programs, etc...)

Signature: _____