



Elite Development Program

Program Overview

The goal of the Elite Development Program (EDP) is to bring the province's elite U13 & U14 athletes together with some of the top coaches in the province for an enhanced training period. The program is designed to teach individual offensive and team fundamentals while presenting aspects of sports science that are necessary to become a high level player. The program provides a systematic and thorough approach to identify and develop U13 & U14 basketball players.

We are extremely excited about this new Basketball PEI development program for this age level. Our goal is to see the athletes participating in the Elite Development program, graduate to the Centre for Performance program and to participate on future provincial teams.

Participation involves:

- ❖ Selected athletes will have the opportunity to train with some of the best coaches and athletes in the province as well as high level guest coaches.
- ❖ Selected athletes will receive 18 hours of high performance training sessions which will include guest speakers on Nutrition, Sport Psychology and Fitness Training.
- ❖ Selected athletes must be available to attend the Elite Development training sessions.

Those athletes interested in being considered for an opportunity to participate in the Elite Development program are asked to attend the appropriate tryout session listed below.

Program Information

Duration: 18 hours of training
Cost: \$150 per participant (*payment options available*)
Schedule: October 2011 - April 2012
Training Gear: Reversible Jersey
Locations: Charlottetown & Summerside

Girls Elite Development Program

Age Requirements: Grades 7&8
Tryout Date: Sunday, October 2nd
Time: 2:00-4:00 PM
Location: Colonel Gray High School

Program Coordinator:
Carly Clarke | caclarke@upe.ca | 902.566.0663

Boys Elite Development Program

Age Requirements: Grades 7&8
Tryout Date: Sunday, October 2nd
Time: 2:00-4:00 PM
Location: Charlottetown Rural High School

Program Coordinator:
Josh Whitty | jbwhitty@gmail.com | 902.629.9481

Please complete the attached registration form and mail it to Basketball PEI or bring it with you to tryouts (*must be submitted*).

For more information contact the Basketball PEI office at 902.368.4986 or email info@basketballpei.ca.



Elite Development Program Registration Form

Name: _____
First Initial Last

Phone (h): _____ Phone (c): _____ Phone (w): _____

Mailing Address: _____ DOB: _____
dd/mm/yy

Email Address: _____
(please use an email address that is checked often)

Current School: _____ Grade: _____

Athletes: Please provide your basketball background (teams played for, training programs, etc...)