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October 2009



Full Court *Press*

Mike MacKay on PEI October 8 & 9

Mike MacKay, Manager of Coaching Education and Development for Canada Basketball will be hosting two coaching clinics in PEI on October 8 and 9.

The clinics will touch on two main themes, the first being individual offense with an emphasis on 1-on-1 skills. The second part will focus on team fundamentals with an emphasis on offensive principals. All interested coaches are encouraged to attend.

The cost to attend is \$20, which includes the Basketball PEI member registration

fee. If you are already a member, the cost is only \$5.

Event details:

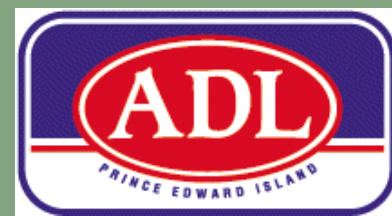
October 8th - 6:00-9:00 PM

Glen Stewart Elementary, Stratford

October 9th - 6:00-9:00 PM

Athena Consolidated, Summerside

If you have any questions or want more information, contact Stephen at smarchbank@basketballpei.ca.



ADL Awards Nominations Deadline *October 9th*

Basketball PEI is currently taking nominations for the 2009 Basketball PEI / ADL awards, taking place in late October. This is your chance to recognize those players, coaches, administrators and officials who you think made an impact for PEI Basketball in 2008-2009.

The award categories are as follows:

Player Nominations:

- Mini Boys (U12)
- Mini Girls (U12)
- Bantam Boys (U14)
- Bantam Girls (U14)
- Junior Male (U17)
- Junior Female (U17)
- Senior Male (18+)
- Senior Female (18+)

Official of the Year

Coach of the Year

Administrator of the Year

To nominate a player, coach, official or administrator for the 2009 ADL awards, fill out the nomination form available online at www.basketballpei.ca

and submit to

Stephen Marchbank at smarchbank@basketballpei.ca

Mail to:

Basketball PEI
40 Enman Crescent
P.O. Box 302
Charlottetown, PE
C1A 7K7

Elite Development ID Sessions Begin this Weekend at UPEI

Identification Sessions

October 4 at UPEI Sport Centre

Court #1	Junior Girls (1995-1997)	10:00 am - 12:00 pm
Court #2	Junior Boys (1995-1997)	10:00am - 12:00 pm
Court #1	Senior Girls (1992-1994)	12:00 pm - 2:00 pm
Court #2	Senior Boys (1992-1994)	12:00 pm - 2:00 pm

BPEI Elite Development Program Update

Based on positive and constructive feedback from coaches and athletes, Basketball PEI has decided to reduce the number of training sessions for the Elite Development Program to 4 full day sessions. As a result, the registration cost for athletes will also be reduced to \$250 (\$200 if athletes still have their practice gear from last year).

Upon completion of the 4 full day training sessions, Basketball PEI will host a Showcase Event for the Elite Development athletes. This event will be a celebration of the top basketball athletes in the province. It will consist of a day of competitions (1-on-1, 3-on-3, etc...) . Training groups will also be divided into 2 groups and compete against each other. All athletes will be in the gym, rotating on/off the courts for games/competitions. Parents and guests will be invited and prizes given out. For more information regarding the Elite Development program, please visit the BPEI website at www.basketballpei.ca/edp.htm or contact Stephen Marchbank at 368.4986 or smarchbank@basketballpei.ca



www.basketballpei.ca

Subway Joins on as BPEI Hoop-a-thon official sponsor



Subway has joined on as Basketball PEI's official sponsor of the 2009-2010 Hoop-a-thon. The hoop-a-thon is a free throw shooting event where Basketball PEI members can raise funds for their associations and/or teams.

Participants are responsible for obtaining pledges prior to the event, where the sponsor commits to donating a sum of money for every free throw they make during

the hoop-a-thon or can donate a flat amount.

Teams can carry out their hoop-a-thon event at any point between October 2009 and March 2010.

Pledge sheets must be filled out and submitted to coaches prior to the event. Basketball PEI will be distributing hoop-a-thon brochures to members by late -October.

PEI CP Athletes and Coaches Announced

The Centre for Performance program is a regional training centre concept intended to identify and develop elite-level Canadian basketball players at a young age. This nationally directed initiative is designed to teach individual offensive and team fundamentals while presenting aspects of sports science that are necessary to become a high level player and coach. Select players and coaches involved in CP will be eligible to participate in Canada Basketball's National Team programming.

2009 PEI Girls

Catherine Strongman
Samantha Rioux
Madison Tompkins
Jane McLaughlin
Keira Rigby

2009 PEI Boys

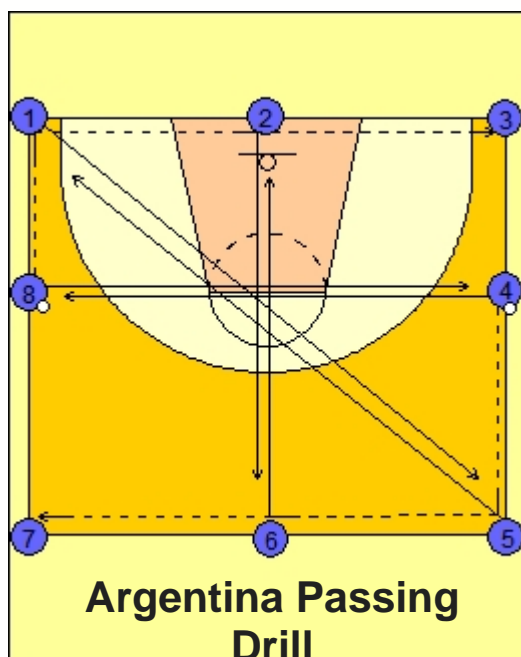
Aaron Robbins
Kevin McLeod
Jacob Simmons
Kyle Gillis
Kyle Welton

2009 PEI Coaches

Carly Clarke
Josh Whitty



Coach's Corner with Coach Davies

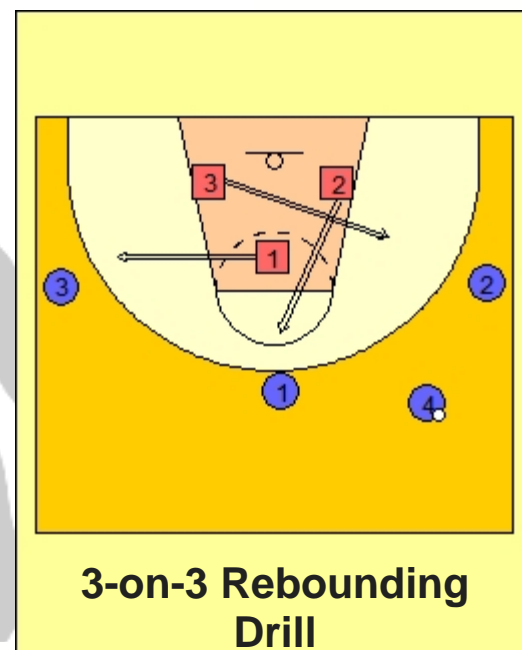


Argentina Passing

A great warm-up drill, this can be done in the half-court or full-court. Athletes should space so that they are in 8 separate spots on the floor, with 2 basketballs across from each other. Athletes will pass the ball in the same direction (clockwise or counter clockwise), and exchange spots with the player across from them. This should be done at a full sprint so that they can reach the other spot before the ball reaches there. This drill focuses on communication, passing (load the drill by dictating what type of pass must be made), and conditioning (sprint, don't run!).

3-on-3 Rebounding

Start with 3 players on the perimeter outside the 3-point line, and 3 players matched-up inside the key. A coach has a ball on the perimeter ready to shoot. Have the coach slap the ball to get the defensive players into a stance, hands high, and stuttering their feet. On the shot, have the defensive players rotate to box out the player to their immediate right. Players on the perimeter should crash hard trying to get the offensive rebound. Defensive players should locate and box out the player, holding the box out until the ball bounces at least once.



Minor Basketball Association's Late Registration Information

◆ West Prince Minor Basketball Association

☰ *Matt Bourque at matracy@pei.sympatico.ca*

◆ East Prince Minor Basketball Association

☰ *Ted Johnston at tgjohnston@edu.pe.ca*

◆ Kensington Minor Basketball Association

☰ *Alan Harrington at aharring@isnhighspeed.ca*

◆ Cornwall Minor Basketball Association

☰ *Josh Whitty at jwhitty@pei.aibn.com*

◆ Charlottetown Minor Basketball Association

☰ *Kelly Silliphant at kssilliphant@pei.sympatico.ca*

◆ Stratford Minor Basketball Association

☰ *Mandy Shaw at mshaw@town.stratford.pe.ca*

◆ Kings County Minor Basketball Association

☰ *Kevin Jenkins at kevinjenkins@eastlink.ca*

◆ Morell Minor Basketball Association

☰ *Marguerite Arsenault at mkarsenault@gov.pe.ca*

◆ Souris Minor Basketball Association

☰ *Rollie Gallant at rollie360@hotmail.com*



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If you have any basketball stories or articles you would like to include, please email Laura MacPherson at lmacpherson@sportpei.pe.ca



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Minor Basketball News

Minor basketball registrations have been going well across the province with growth expected in all minor associations.

The Kensington and area community, in cooperation with the East Prince MBA have made the decision to offer a minor basketball association exclusively for Kensington and area youth.

This brings the total number of MBA's to 9, covering most of the island. All 9 Minor basketball associations are going to participate in the Steve Nash Youth Basketball program. Participation in this national program is expected to double from last year.



MBA's / Rep team coaches are asked to forward their contact information to Stephen at smarchbank@basketballpei.ca as soon as possible.

Minor Basketball Associations will soon all have a web presence.

Basketball PEI invites all basketball coaches from across the province to attend the Mike MacKay coaching clinic's being held on Oct 8th at Glen Stewart Elementary and Oct 9th at Athena Consolidated school. Minor Basketball coaches cost is only \$5, if you are already a registered member of BPEI (*via your MBA*).

NCCP Community Coach course will be offered in all regions of the province this fall. MBA's are asked to let Basketball PEI know as soon as possible when they would like to book the course.

The East Prince MBA will be hosting the first basketball jamboree of the season in Summerside for house league teams on November 14th. More info will be available soon.